



**YOUTHCAST
MEDIA GROUP®**

DISTRACTED DRIVING AWARENESS MONTH April 2026

1.  **YMG DD26_NDDC Fact Post (Preontee Barua).mp4**
 - a. Caption: Whether it's checking a text, taking a bite, or changing the radio station, taking your focus off the road puts lives at risk. This Distracted Driving Awareness Month, commit to keeping your eyes on the road and driving distraction-free.
 - b. Student Creator: Preontee Barua, Wakefield High School, Arlington, Va
 - c. Tags: @apsvirginia @ghsahq @generalmotors
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving #NoDistractions #drivesafe #safety #highway #teens #foryou #fyp
2.  **YMG DD26_FSU and AU Facts (Isabella Chavez).mp4**
 - a. Caption: Looking away from the road to fix your hair, check a text, or take a bite of your sandwich is more than enough to cause a fatal crash. Make sure that when you get behind the wheel, driving is the only thing you're focused on.
 - b. Student Creator: Isabella Chavez, Miami Lakes Educational Center
 - c. Tags: @ghsahq @generalmotors @mlecharbinger
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving #NoDistractions #drivesafe #safety #highway #teens #foryou #fyp
3.  **YMG DD26_NHTSA Facts B-roll (Isabella Chavez).mp4**

- a. Caption: Young people are at a higher risk than any other age group of driving distracted - and crashing. Don't become part of those statistics. Keep your eyes on the road and stay vigilant!
 - b. Student Creator: Isabella Chavez, Miami Lakes Educational Center
 - c. Tags: @ghsahq @generalmotors @mlecharbinger
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving #NoDistractions #drivesafe #safety #highway #teens #foryou #fyp
4. 🚒 YMG DD26_Tennessee Hands Free Law (Isabella Chavez).mp4
 - a. Caption: Tennessee is prioritizing eliminating distracted driving, and so should you - no matter where you live. Crashes caused by even a moment of distraction can be fatal or have lifelong traumatic impacts. Do your part and put your phone on silent and out of sight when you're driving!
 - b. Student Creator: Isabella Chavez, Miami Lakes Educational Center
 - c. Tags: @ghsahq @generalmotors @mlecharbinger
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving #NoDistractions #drivesafe #safety #highway #teens #foryou #fyp
5. 🚒 YMG DD26 Football field graphic (Piper Mangold).mp4
 - a. Caption: How far can your car travel on the highway in five seconds? If you guessed that it was the length of a football field, you'd be right. When you put it like that, changing your playlist or reading a text seems much more dire, so stay focused and safe behind the wheel. You're going faster - and farther - than you think.
 - b. Student Creator: Piper Mangold, Philadelphia High School for the Creative and Performing Arts @capaphilly
 - c. Tags: @ghsahq @generalmotors @capaphilly
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
6. 🚒 YMG DD26_240% more likely to crash (Preontee Barua).mp4
 - a. Caption: Distracted driving isn't just dangerous: it's also incredibly expensive. A 10% increase in distracted driving translates to billions of dollars and hundreds of lives lost. The cost just isn't worth it: turn your phone off, put it in the backseat, and keep your eyes on the road.
 - b. Student Creator: Preontee Barua, Wakefield High School, Arlington, Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
7. 🚒 YMG DD26 Gen Z drivers facts (Andres Jaramillo).mp4
 - a. Caption: Gen Z is great at creating viral trends, but it's also the most distracted on the road. Young drivers are more likely to check their phones, crash their vehicles, and drive under the influence. Don't be a part of the statistics. It's up to you to stay vigilant and prepared when you're behind the wheel.
 - b. Student Creator: Andres Jaramillo, Coral Reef Senior High School, Miami.
 - c. Tags: @ghsahq @generalmotors @cudabaitline @coralreefhs

- d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
8. 🏠 YMG DD26 A lot can happen in 30 seconds (Maqsuda Uddin).mp4
- a. Caption: Count to 30: that's how long it takes your brain to refocus on driving after looking at your phone. At high speeds, it's hard to realize how fast and far your vehicle is travelling– the couple of moments it takes for you to respond to a text could have catastrophic consequences. Don't let anything take your mind away from driving.
 - b. Student Creator: Maqsuda Uddin, Wakefield High School, Arlington Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
9. 🏠 YMG DD26_ZenDrive (Isabella Chavez).mp4
- a. Caption: Using your phone while driving can be fatal. ZenDrive has a new tool that shows just how dangerous it can be to drive distracted through advanced analytics. The numbers don't lie, so put your phone away and focus on the road - everything else can wait.
 - b. Student Creator: Isabella Chavez, Miami Lakes Educational Center
 - c. Tags: @ghsahq @generalmotors @mlecharbinger
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
10. 🏠 YMG DD26_Melissa Hamrick VR Simulators (Isabella Chavez).mp4
- a. Caption: You might have played VR video games, but have you ever used it to learn about driving safely? Melissa Hamrick of @thekieferfoundation shows YMG students the VR headset the foundation uses to teach Detroit high school students how quickly a moment of distraction can turn into a fatal crash.
 - b. Student Creator: Isabella Chavez, Miami Lakes Educational Center
 - c. Tags: @ghsahq @generalmotors @mlecharbinger
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
11. 🏠 YMG DD26_Melissa Hamrick What is distracted driving (Natalie Spina).mp4
- a. Caption: Distracted driving means more than just sending text messages: it is *anything* that takes your attention away from the road. The Kiefer Foundation's Executive Director, Melissa Hamrick, is working to get the word out during #DistractedDrivingAwarenessMonth and beyond, to prevent loss of life and needless suffering.
 - b. Student creator: Natalie Spina, Philadelphia High School for the Creative and Performing Arts
 - c. Tags: @ghsahq @generalmotors @kieferfoundation @capaphilly
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
12. 🏠 YMG DD26_Quantifying Distracted Driving Costs (Mariamawit Nega).mp4

- a. Caption: The numbers don't lie. Distracted driving is one of the most dangerous things you can do behind the wheel. YMG student Mariamawit Nega explains how losing focus while driving isn't just reckless, it can cost you everything.
 - b. Student Creator: Mariamawit Nega, Washington-Liberty High School, Arlington Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia @generalspride
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
13. 🚩 YMG DD26 Melissa Hamrick litmus test clip (Natalie Spina).mp4
- a. Caption: Melissa Hamrick knows the cost of distraction behind the wheel– she lost a stepson to #DistractedDriving and is now committed, as executive director of the Kiefer Foundation, to helping prevent these kinds of deaths and injuries. She shares an important question we should all ask ourselves behind the wheel.
 - b. Student Creator: Natalie Spina
 - c. Tags: @ghsahq @generalmotors @thekieferfoundation
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
14. 🚩 YMG DD26_Switch Cost (Derrick Deal Jr.).mov
- a. Caption: Your brain can't switch between the road and your phone, even if you *think* you're multitasking. Silence your phone and leave it in the backseat when you start driving, so you don't lose sight of what's most important: getting to your destination safely.
 - b. Student Creator: Derrick Deal Jr., Bard High School Early College DC
 - c. Tags: @ghsahq @generalmotors @bhsec_dc @bhsec.journalism
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
15. 🚩 YMG DD26_Regular texting while driving stat (Divine Savoy) .mp4
- a. Caption: You've been told not to text and drive, but do you know just how many people break these safety laws on the regular? Staying safe on the road isn't optional, so make sure that you're focused on driving, not your buzzing phone.
 - b. Student Creator: Divine Savoy, Archbishop Carroll High School DC
 - c. Tags: @ghsahq @generalmotors @archbishopcarrolldc
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
16. 🚩 YMG DD26_Bonnie Raffaele Banning Handheld Phone clip (Maqsuda Uddin).mp4
- a. Caption: It's not just unbelievably dangerous to use your phone while driving - now in many places, it's also illegal. Bonnie Raffaele fought alongside many other safe driving advocates for 10 years to get a handheld phone ban in the state of Michigan, where her daughter was killed in 2010.
 - b. Student Creator: Maqsuda Uddin, Wakefield High School, Arlington Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
17. 🚩 YMG DD26_Bonnie Raffaele parent example clip (Preontee Barua).mp4

- a. Caption: If you've watched your parents drive for years, it makes perfect sense that you'd pick up their behaviors. That's why it's incredibly important for parents to model safe driving habits for their children, raising a generation of safe and aware new drivers.
 - b. Student Creator: Preontee Barua, Wakefield High School, Arlington, Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
18. 🚩 YMG DD26_Distractions hijack your mind B-Roll post.mov
- a. Caption: Did you know that driving distracted actually changes your field of vision? Your brain can't process outside information and drive safely at the same time, even if you think you can. Put your phone away, set your destination before you start driving, and make sure you're fully awake: your safety depends on it.
 - b. Creator: Edith Mwangi
 - c. Tags: @ghsahq @generalmotors @mwangi_edith
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
19. 🚩 YMGDD26_73% of American drivers admit to texting while driving (Bethel Kifle).mp4
- a. Caption: If you wouldn't drive with a blindfold on, don't drive distracted. Sending a text for a couple seconds doesn't seem like a big deal, but on the highway, you'd be travelling hundreds of feet without noticing. Stay educated about safe driving and make sure you always reach your destination.
 - b. Student Creator: Bethel Kifle, Bellaire High School, Houston
 - c. Tags: @ghsahq @generalmotors
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
20. 🚩 YMG DD26_Distracted Driving facts post (Raven Smith).mp4
- a. Caption: Did you know that distracted driving goes beyond just texting while driving? Changing the radio station or your destination in a navigation app can be enough to cause a fatal crash. Listen to YMG student creator Raven Smith talk about what a recent study reveals about distracted driving, and how you can stay safe on the road.
 - b. Student Creator: Raven Smith, DC International School
 - c. Tags: @ghsahq @generalmotors @dcinternationalschool
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
21. 🚩 YMGDD26_Roby Nothnagel biggest misconception clip (Maqsuda Uddin).mp4
- a. Caption: Even a split second can change everything. Robye Nothnagel was just crossing the street when she was almost killed by a distracted driver. Don't let one bad choice ruin your life or someone else's.
 - b. Student Creator: Maqsuda Uddin, Wakefield High School, Arlington, Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions

22. 🏠 YMG DD26_Jeri Lynch changing behavior clip (Natalie Spina).mp4
- Caption: Jeri Lynch, President of the Conor Lynch Foundation, knows that it's hard to change human behavior. Her son Conor was killed while crossing the street, and she's been an advocate for safe and distraction-free driving since. Still, she says, she still has to remind herself- daily- not to pick up the phone.
 - Student Creator: Natalie Spina, Philadelphia High School for the Creative and Performing Arts
 - Tags: @ghsahq @generalmotors @capaphilly
 - Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
23. 🏠 YMG DD26_Melissa Hamrick- missiles buried in a phone clip (Preontee Barua).mp4
- Caption: It's easy to forget that we're all driving around in potentially deadly weapons, especially when your attention is split between the road and your phone. A text message or skipping a song on your playlist can wait until you reach your destination. Don't let one moment change - or end - a life.
 - Student Creator: Preontee Barua, Wakefield High School, Arlington, Va.
 - Tags: @ghsahq @generalmotors @apsvirginia
 - Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
24. 🏠 YMG DD26_Melissa Hamrick_Distracted hard to detect (Maqsuda Uddin).mp4
- Caption: How do crash investigators detect distraction? It's not as easy as determining speed or alcohol impairment, according to Melissa Hamrick, executive director of the Kiefer Foundation. That's why most experts agree that distraction probably plays a role in far more crashes than we know.
 - Student Creator: Maqsuda Uddin, Wakefield High School, Arlington, Va.
 - Tags: @ghsahq @generalmotors @apsvirginia
 - Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
25. 🏠 YMGDD26_Jeri Dye Lynch- Speak Up in the Car (Natalie Spina).mp4
- Caption: Jeri Lynch's son Conor was killed by a distracted driver while crossing the street. Her message to everyone- driver or passenger: Don't be afraid to speak up if you're in the car with a distracted driver. Reminding a driver to put their phone away or focus on the road can mean the difference between a devastating crash and safely reaching your destination. You can keep the roads safe, even if you're not behind the wheel.
 - Student Creator: Natalie Spina, Philadelphia High School for the Creative and Performing Arts
 - Tags: @ghsahq @generalmotors @capaphilly
 - Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
26. 🏠 YMG DD26_Roby Nothnagel clip- are you a safe driver?(Natalie Spina).mp4
- Caption: Do you think you're a safe driver? Roby Nothnagel, managing director of Colorado Drive Safe, thought she was. Then, she was hit while crossing the street by a distracted driver, and her perspective changed. She shares her story

in hopes that others will learn the lesson she did and drive more safely *before* there's a crash.

- b. Student Creator: Natalie Spina, Philadelphia High School for the Creative and Performing Arts
 - c. Tags: @ghsahq @generalmotors @capaphilly
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
27. 📺 YMG DD26_Is Everyone Distracted? (Abby Hidayat).mp4
- a. Caption: If you've ever taken your eyes off the road to grab something from the backseat, change your GPS destination, or skip a song, you've driven distracted. Paying attention to anything other than driving, even momentarily, can lead to disaster. Stay safe and stay focused on the road!
 - b. Student Creator: Abigail Hidayat, Washington-Liberty High School, Arlington, Va.
 - c. Tags: @ghsahq @generalmotors @apsvirginia @generalspride
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
28. 📺 YMG DD26_Reaction Time matters (Andres Jaramillo).mp4
- a. Caption: You might *think* you can multitask - but when you're on the road, anything can happen. The best way to stay safe is to stay focused. Keep your eyes on the road!
 - b. Student Creator: Andres Jaramillo, Coral Reef Senior High School, Miami.
 - c. Tags: @ghsahq @generalmotors @cudabaitline @coralreefhs
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions
29. 📺 YMG DD26_Bonnie Raffaele KDR Hosted clip (Natalie Spina).mp4
- a. Caption: Bonnie Raffaele knows the devastating consequences of distracted driving firsthand, and she's making it her mission to save others from the pain and grief she and her family have had to endure after the loss of her daughter, Kelsey. Make sure you stay focused and safe every time you get behind the wheel - it can save a life.
 - b. Student Creator: Natalie Spina, Philadelphia High School for the Creative and Performing Arts
 - c. Tags: @ghsahq @generalmotors @capaphilly
 - d. Hashtags: #DistractedDrivingAwarenessMonth, #DDAM, #DistractedDriving and #NoDistractions